

**FRANK**  
57 WEST

# LOWER YOUR ENERGY BILLS

## PROGRAM YOUR THERMOSTAT

### SUMMER

- 72-78°F while home and need cooling
- Increase temperature while you're away
- Lower blinds during the day to help block heat

### WINTER

- 68-74°F while home in the daytime
- Decrease temperature while sleeping or away



For assistance programming  
your thermostat, contact:

[57WESTResidentServices@durst.org](mailto:57WESTResidentServices@durst.org)